Pomegranate-Apricot Sparkler



Ingredients

- 1½ cups cold pomegranate juice
- 1½ cups apricot nectar
- 1 cup cold seltzer, lime-flavored if desired
- Ice
- 1 fresh lime, quartered, or kiwifruit, peeled and sliced (optional)



- 1. Combine first three ingredients in a large pitcher.
- 2. Pour into ice-filled glasses.
- 3. Garnish each glass with a lime wedge or kiwi slice, if desired.



Courtesy Photo by Wallner Photography

Nutrition Facts

Yield 4 servings

Amount Per Serving

Calories 105

Calories from fat: 0 (0%)

Fat 0g

Saturated Fat 0g

Sodium 14mg

Carbohydrate 27g

Dietary Fiber less than 1g

Protein less than 1g

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Recipe Source:
Healthy Mind Healthy Body*
e-newsletter recipe
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